

Healthy Lunch Box website.

Your one-stop shop for all the information and ideas you need.



Get inspired

Check out our ideas for sandwich fillings, sandwich alternatives and packed lunch boxes



Try our interactive lunch box builder

Get kids involved in planning and packing a healthy lunch box

Free, easy and delicious recipes

Hundreds of family-friendly recipes that can be filtered for dietary preferences



Snack ideas

Snack suggestions, swaps and recipes to make healthy snacking easy

Keep up to date

Subscribe to our e-newsletter to get recipes, tips and ideas delivered to your inbox. Visit healthylunchbox.com.au/subscribe/



Visit healthylunchbox.com.au for recipes and information you can trust.



Cancer Council
Healthy Lunch Box